

MULTI-CULTURAL FAMILY BASE

Income and Expenditure Statement Year ended 31st March 2012

			Balance Sheet As at 31st March 2012		
Income			2011/12	2010/11	
			£	£	
Grants and Donations	311,608	298,991			
Fees	144,438	150,374			
Other Income	2,756	4,948			
	458,802	454,313			
Expenditure			2011/12	2010/11	
Staff Costs	314,003	338,957			
Property Exps	41,675	40,532			
Direct Costs - Children & Families	12,982	15,455			
Admin Costs	22,854	23,231			
Student Placement Fees	32,555	45,980			
Fundraising Costs	3,687	0			
Depreciation	4,134	6,729			
	431,890	470,884			
Surplus/(deficit)	26,912	-16,571			
			2011/12	2010/11	
			£	£	
Fixed Assets			2,612	5,272	
Current Assets:					
Debtors & Prepayments			50,311	84,213	
Bank & Cash Balances			209,607	162,668	
			259,918	246,881	
Current Liabilities:					
Creditors & Accruals			30,711	47,246	
Net Current assets			229,207	199,635	
Net Assets			231,819	204,907	
Represented By:					
Unrestricted Funds			149,004	133,888	
Restricted Funds			82,815	71,019	
			231,819	204,907	

Funders and Donors

City of Edinburgh CCSC	The Henry Smith Trust	Dr Bell's Family Centre
City of Edinburgh Early Years	Harmony Education Trust	Family Holidays Association
City of Edinburgh – Leith Early Intervention Team	RS Macdonald Charitable Trust	Ponton House Trust
City of Edinburgh – Early Intervention Fund	Shared Care Scotland – Short Break Fund	Hawthronbrae Trust
City of Edinburgh – Leith Neighbourhood Partnership	The Blackford Trust	The Daisy Chain Trust
Souter Charitable Trust	The Robertson Trust	JK Young Endowment Trust
SCVO (Future Job Fund)	The Albert Hunt Trust	Aviagen Charities Committee
Comic Relief	The Pleasance Trust	The Maurits Mulder Canter Charity
BBC Children In Need	Living Classrooms	John Watson's Trust
Volant Charitable Trust	The Mickel Fund	The Nancie Massey Charitable Trust
		Danny Bhoy

We also acknowledge the support from the following:

EVOG	University of Strathclyde
University of Edinburgh	Robert Gordon University
University of Stirling	The Open University
University of Dundee	Glasgow Caledonian University
University of The West of Scotland	
City of Edinburgh (Joint Project with Leith Social Work Practice Team)	

Very many thanks to all funders and donors whose generosity has enabled us to carry out our work over the past year. We could not have done it without your support



Danny Bhoy is proud to support the work of MCFB

Feedback from students on placement at MCFB

During the past year MCFB has continued to offer placements to a large number of students from all the major Scottish Universities that offer a social work degree course.

"My Placement at MCFB was a great learning experience."

Students reported that they found being on placement could be daunting but that the staff provided a supportive atmosphere and readily shared their expertise and knowledge.

"I was supported and encouraged to use my own creativity and to develop independent and reflective thinking as well as professional confidence and skills"

"Even though the agency work context may be challenging sometimes, I enjoyed my placement and benefited from it a lot!"

Some students also commented on the way they were encouraged to think about the wider aspects of their work, for example the way society's values and morals affected their direct work with children and families at MCFB.



"I learnt so much from the staff at MCFB and also from the fellow students. An experience that has positively changed the way I think about my studies and future in Social Work."



MCFB Staff List

August 2012

Steve Gowenlock	Chief Executive
Marise Gowenlock	Early Years Manager
Danny Ferguson	Project Leader
Janice Gammie	Project Leader
(in partnership with Leith Children & Families Team)	
Lorraine Grady	Project Leader
Boon Drysdale	Project Leader
Bina Chaudhry	Project Leader
Jackie Graham	Early Years Project Worker
Sylvia Hamilton	4-2-7 Project Worker
Sue du Porto	Art Therapist
Dai Qian	Chinese Families Project Worker
Philippa Kemp	Office Manager
Yun Zhang	Finance Administrator
Patti Porch	Student Administrator
Rachael Fong	4-2-7 Project Worker

Board of Directors

Wendy Paterson MBE	Chair
Peter Doran	Vice-Chair
Andy Thomas	Treasurer
Jennifer Lowe	Minute Secretary
Geoff Palmer	OBE
David Lipetz	
Carla Nzombe	
George Palattiyil	
Ravinder Kaur	

Human Resources and Finance Sub-Group

Wendy Paterson
David Lipetz
Andy Thomas
Steve Gowenlock

Did you know?

Profiles of our Staff and Directors can be found on our website www.mcfb.org.uk

50 Coburg St.
Edinburgh EH6 6HE
T: 0131 467 7052 F: 0131 553 4313

E: management@mcfb.org.uk
W: www.mcfb.org.uk

Company Limited by Guarantee SC259865
Scottish Charity No. SC 027644



MCFB
multi-cultural
family base

Annual Report 2011-2012

View from the Chief Executive

We have had another successful year in 2011-12. In many ways, I believe, we reflect the aims and achievements of the British Olympic team this summer in that we aspire towards a sense of belonging and purpose and benefit from the richness of working with a multi-ethnic team and service user group.

Our high-quality service provision for BME children from all over Edinburgh and for vulnerable White Scottish children from the Leith area enables us to give children a positive sense of identity, belonging and recognition. In addition we aim to challenge stereotypes and also contribute to improving race relations in Edinburgh. The "respect diversity" message of the 2012 Euro football championships could be our slogan.

I took over as CEO from Cathy Macnaughton in August 2011 and was both delighted and slightly apprehensive at following in Cathy's footsteps as she had worked so hard in building strong foundations for MCFB. I wish to pay thanks for all her support in this transition period for myself.

We have worked with a significant number of families in 2011-12. The number of new referrals increased by about 20% to 180. The proportion of families from BME communities who receive a service is consistently greater than 60% and reflects Edinburgh's changing demography.

(For example, one of our children's groups consisted of 2 Chinese boys; 1 Pakistani boy; 1 dual heritage Thai / White Scottish boy; 2 Polish girls; 1 Pakistani girl; 1 Sikh girl and 1 Sudanese girl.)

We greatly value the range of partnerships that we have with the City of Edinburgh Council, with the English as an Additional Language (EAL) Service, (whose ability to identify families in need of extra support at an early stage is particularly valuable), with Leith Social Work Practice Team and with Leith Early Intervention Team. All these partnerships continue to provide a high quality of work and a very constructive learning experience for social work students.

Over the past year we have been able to consolidate our existing work and to develop projects to meet newly-identified needs

Steve Gowenlock



Achievements and Highlights of the Year

- Consolidation and further developing the Banyan Project for young people affected by domestic abuse.
- Expanding the 4-2-7 Project to support children in the transition from home to nursery school.
- Developing a new project for young BME female carers - the Nhamtok Project.
- Developing a new pilot project for migrant Chinese families with young children - the Chinese Families Project.
- Providing 60 placements to social work students from programmes all over Scotland.



Early Years Service

The Early Years Service has continued to provide individual family support and a programme of groupwork to meet the needs of families with very young children.

We have had the opportunity to work in partnership with colleagues at Dr Bell's Family Centre, Home-Start Leith and North-East Edinburgh and Fort Early Years Centre, involving staff and students in programmes such as PEEP and Mellow Parenting. This has been beneficial to families, promoting parents' understanding and skills at significant developmental stages. It has also enabled access to learning and mutual support for families from diverse communities.

The Early Years Service has developed its work with Mandarin-speaking Chinese families throughout the year; through the generosity of the Port of Leith Housing Association (Wider Role funding) and the Blackford Trust we have been able to fund a part-time post to do more outreach to families who are very isolated, to advocate for families with other service providers and to promote good parent-infant attachment through quality play provision.

Joanne, Sanita, Lisa, Grace, Tara, Natalie, Feiru, Helen and Lynn have had a rich and varied practice learning opportunity in Early Years and we wish them all well for their future careers. I would also like to thank Heather, Dai Qian and Jackie for all their creativity and hard work.

Marise Gowenlock

The Banyan Project.

In the last twelve months our Comic Relief and RS MacDonald Grants have enabled the project to continue with vital work with young people who have been referred by both voluntary and statutory services.

Individual work was carried out in an informal way, and consisted of giving a young person the time and space in a safe environment to reflect on his/her experiences and to express any feelings of anger, fear, confusion and hurt he/she might have.

The project has also completed a successful series of group work which included a therapeutic group for teenage girls, a sibling group, a family group (with a mother), and a two days non-residential workshop which incorporated art & craft activities. There are several reasons why the group work is perceived as a valuable method of working with children and young person who have experienced domestic abuse. According to feedback from the young people who attended these groups, it was indicated that they would prefer to talk to other children with similar experiences. Our group work programme usually incorporated other mediums such as music and art as tools through which they can symbolically explore and express their emotions.

Art Therapy Service

The Art Therapy Service has provided individual sessions to two adults and two children, one day a week on Fridays. One of the adults, a single parent, has been attending sessions since August 2010. This was made possible through our partnership with Dr Bell's Family Centre and their crèche facilities, which allowed the parent to have some valuable child-free time to come to the Art Therapy sessions.

Heather, our Art Therapy student successfully completed her degree course at Queen Margaret University, which included a three year placement at MCFB. Fortunately, Heather has not left us altogether, but will still be involved as a volunteer Art Therapist. On a less positive note, the ongoing funding for the Art Therapy Service continues to be a major challenge. We remain hopeful that Art Therapy will play a role in the provision of therapeutic services at MCFB in the foreseeable future.

Sue du Porto



Volunteers Project

This volunteer cluster programme is funded by Scottish government. The grant is administered by the voluntary action fund. The organisation participating in the programme are Minority Ethnic Carers of Older People Project, Care for Carer, Pilmeny Development Project and Multi Cultural Family Base

Over the last year MCFB has recruited a numbers of volunteers, providing one-to-one home tuition, working with an Early Years parent group and generally helping to promote MCFB. Induction and core training were offered and delivered to volunteers.

Our volunteers come from different backgrounds, ages, cultures and genders. They can volunteer from one hour per week, but there is room for flexibility to allow for particular needs. They also received support from the Co-ordinator of the project

Boon Drysdale



Group Project

MCFB continued to deliver effective specialised group work during the year April 11 to April 12. This included our Monday Nhamtok group specifically for BME young carers (the only kind in Scotland), our two Junior groups for children aged 8 to 12; Banyan groups for young males, juniors, and teenage girls, and our 4 to 7 group work programme with children in transition to primary school.

The groups have incorporated a range of mediums to explore feelings and enjoy new experiences. Some of these included using music, drama, art and craft making as well as visiting open spaces, parks and fields. MCFB is committed to group work as a core intervention that helps children and young people express themselves in safe and supported environment.

The group work is facilitated by trained social workers and social work students and applies up-to-date research and theory to the approaches and techniques that are used in sessions.

Bina Chaudhry

4-2-7 Project

This has been a significant year for the project. We were delighted to hear in the spring of 2012 that we had secured five years of funding from The Big Lottery Investing in Communities Fund. This has enabled the project to develop and expand, both in the scale and quality of service we are able to provide. This year we offered small group therapeutic support to 23 children within four local primary schools: Forthview Primary, Fox Covert and Fox Covert RC Primaries, and St David's RC Primary.

In addition we supported a further 11 children through our ongoing group based at MCFB. Children have taken part in a variety of arts and crafts, play, sports and outdoor activities in order to promote key social skills, cognitive development, and emotional wellbeing. Outings during the school holiday periods have also enabled children to access new activities and green open spaces.

Sylvia Hamilton

Nhamtok Project

The Nhamtok Project is leading the way in Scotland by offering the only BME specific group for young carers. Ten girls aged between 10 and 14 were provided with a safe girl only space in which to explore their feelings and gain new experiences. The group met weekly during school term time as well as during the summer holidays. Girls have enjoyed activities such as jewellery making, t-shirt decorating, pampering sessions, going to the cinema, visiting Edinburgh Dungeons, cooking, baking, and swimming.

As well as enjoying a variety of new activities, girls have been supported to discuss a number of issues important to them, such as family roles and responsibilities, gender roles within families, experiences of racist bullying, illness within families, bereavement and sibling relationships. Girls commented that they enjoyed coming to the group to "meet other people like me", and "just be myself". Another girl commented that the group was "like a second family".

Sylvia Hamilton

Leith Children and Families Team Project

MCFB has had another successful year in its partnership working with the Leith Children and Families Team, continuing to place social work students within both the main social work practice team and its Early Intervention Team. Social work students based at MCFB have also been able to undertake work on behalf of the Children and Families Team, providing them with valuable learning about social work practice and also assisting the Children and Families Team to further meet the demands for its service and undertake its crucial work. MCFB would like to welcome the new Team Leader at the Early Intervention Team, Marjorie McLean, and wish the previous Team Leader, Jon Ferrer, every success in his new appointment at Waverly Court, the City of Edinburgh Council Headquarters. Both Janice Gammie and I look forward to another productive year of partnership working with our colleagues at the Leith Children and Families Team.

Danny Ferguson and Janice Gammie