

**Home
START**

Support and friendship
for families



EARLY YEARS SERVICE



About us:

Home-Start Leith & N E Edinburgh
2b Pirrie Street EH6 5HY
Tel: 0131 553 7819
email: homestartleith@btconnect.com

*Company Limited by Guarantee SC 280853
Scottish Charity No SC004387*

**Multi-Cultural Family Base
Early Years Service**
50 Coburg Street EH6 6HE
Tel: 0131 467 7052/553 4313
email: management@mcfb.org.uk

*Company Limited by Guarantee SC 259865
Scottish Charity No SC027644*

Dr Bell's Family Centre
Junction Place EH6 5JA
Tel: 0131 553 0100
email: lesley@drbellsleith.org.uk

*Company Limited by Guarantee SC 289985
Scottish Charity Number No SC 037216*

Some of our activities are funded by
Sure-Start
The Big Lottery Fund
Changing Children's Services Fund
Community Regeneration Fund



Three Organisations
Working together for
Families in Leith
We can help you

If you are the parent or carer of a child aged 0-8 years or are expecting a baby do you:

- Want more play opportunities for your child?
- Need someone to talk to or to accompany you to a doctor's or hospital appointment?
- Feel rather isolated in the local community?
- Want to meet with other parents?
- Get stressed by your child's behavior?
- Feel anxious about your child starting at nursery or primary school?
- Need advice on school, health or practical matters?
- Have difficulties as English is not your first language?
- Want to find out about getting back to work?

If any of these apply to you, please read on....

We can offer:

- ❖ Support visits in your home from experienced staff
- ❖ Weekly visits and support from volunteers who are themselves parents
- ❖ Play visits for you and your children
- ❖ Lots of different groups for Parents and Children
- ❖ Outings in the school holidays

If you don't live in Leith it may still be possible for you to be involved in some of the activities.

And that's not all....!

You can also come along to the following at Dr Bell's:

- Crèche
- Café
- Weekly Advice Sessions including
 - Citizens Advice Bureau
 - Working Links
 - Action Team for Jobs
 - Working for Families
- Breastfeeding Support

How do I get in touch to find out more? You can:

- Ask your Health Visitor or Social Worker to contact us
- Call in at Dr Bell's in Junction Place
- Phone us:

Dr Bell's 0131 553 0100
Home-Start 0131 553 7819
Multi-Cultural Family Base
0131 467 7052

We can arrange to visit you in your home to talk about what would be best for you & your family.