



MCFB
multi-cultural
family base

Newsletter No 1

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At the turn of the year (and, according to some, the start of a new decade) everyone at **Multi-Cultural Family Base** sends you greetings and good wishes. We are now in our 11th year (we'll be 12 in March) and, like many pre-teenagers, are full of hopes and aspirations for the coming year.

Naturally, we shall be continuing to offer **one-to-one** and **groupwork** opportunities to children, young people and their families. In response to a specific request, a new group for parents is underway. The Early Years Service has recently embarked on a Parent and Toddlers Group in Restalrig. As ever, **Art Therapy** will be available as an important resource and we are making every effort to replace the Lloyds TSB Foundation for Scotland award which ended last year.

Our new **4-2-7 Project**, which provides support to disadvantaged children in the 4 to 7 age group and their families in the often tricky period of transition to primary school and the ensuing years, will be developed in the coming months. We are working hard to secure additional funding to allow us to fully develop this project as we believe this is an important area of work.

We were delighted to learn at the end of last year that our applications to Comic Relief and the R S Macdonald Trust had been successful and that we can therefore develop our **support to young people affected by domestic abuse**. A pilot project a couple of years ago underlined the need for this kind of support.

MCFB is hoping to be able to create posts for long-term unemployed young people through the **Future Jobs Fund**. We shall also continue to work closely with our various partners in both the voluntary and statutory sectors. As always, our Social Work students will be an essential and valuable part of the organisation.

Fundraising in 2009, by and on behalf of **Friends of MCFB**, helped to bring in much needed money for our various projects. So whether you ate curry for our benefit, donated to a tombola, walked, ran (distance and Santa suit optional) we thank you – and, of course hope you will continue to do the same (or even more) in 2010. We are considering a lot of exciting new ideas for the coming year and hope to share them with you before long. Some of them may surprise you!

This is the first in an occasional series of e-newsletters from **MCFB**. If you want to find out more about us please visit our website www.mcfb.org.uk or contact the office.